

## CALIFORNIA DEPARTMENT OF AGING

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# PROGRAM MEMO

CDA 1014 (Rev. 04/11)

TO: <b>Area Agency on Aging Directors, Title IIIC Elderly Nutrition Program Managers, and Registered Dietitians</b>	NO.: <b>PM 13- 08 (P)</b>
SUBJECT: <b>Nutrition Nutrition Risk Assessment Requirements for Title IIIC Elderly Nutrition Programs</b>	DATE ISSUED: July 2, 2013
REVISED:	EXPIRES: When Superseded
REFERENCES: <b>Older Americans Act Reporting requirements for Title III and VII for Fiscal Year 2005 and Subsequent Years.</b>	SUPERSEDES:
PROGRAMS AFFECTED: <input type="checkbox"/> All <input type="checkbox"/> Title III-B <input checked="" type="checkbox"/> Title III-C1/C2 <input type="checkbox"/> Title III-D <input type="checkbox"/> Title III-E <input type="checkbox"/> Title V <input type="checkbox"/> CBSP <input type="checkbox"/> MSSP <input type="checkbox"/> Title VII <input type="checkbox"/> CBAS <input type="checkbox"/> Other:	

## Purpose

The purpose of this Program Memo (PM) is to inform Area Agencies on Aging (AAA) that only the Determine Your Nutritional Health (DETERMINE) Checklist can be used to screen Title IIIC Elderly Nutrition Program (ENP) participants for nutrition risk.

## Background

To ensure the consistency and validity of the nutrition risk data collected, the Administration for Community Living (ACL) requires all Title IIIC programs to use the DETERMINE Checklist. In the past, ACL allowed individual states to use any nutrition screening instrument as long as participants at high nutrition risk were identified.

## Nutrition Risk Screening Requirements

Effective July 1, 2014, all ENPs must use the DETERMINE Checklist to evaluate the nutrition risk of all Title IIIC Congregate and Home-delivered Meal Program participants (Attachment 1). ENPs shall evaluate the nutrition risk of all Title IIIC Congregate and Home-delivered Meal Program participants during the initial intake/registration and annually thereafter. An individual who scores six or higher on the DETERMINE Checklist is considered to be at high nutrition risk.

All AAAs' and providers' Title IIIC intake forms must include the DETERMINE Checklist questions as written and in the sequence presented. Any rewording or reordering of the questions will invalidate the results of the screening tool.

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**Data System Requirements**

California Aging Reporting System (CARS) reporting requirements remain unchanged. AAAs must report nutrition risk in accordance with the specifications in CARS. The three reporting options for nutrition risk are:

- YES (1) – A nutrition risk score of six (6) or higher
- NO (2) – A nutrition risk score of five (5) or lower
- DECLINE TO STATE (3)

AAAs may need to revise their local data reporting systems to correspond with the DETERMINE Checklist's question sequence and weighing. AAAs should consult with their data system vendors to determine if any changes are required.

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**Compliance Date**

ENPs must start using the DETERMINE Checklist by July 1, 2014.

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**Resource**  
(Attached)

Determine Your Nutritional Health Checklist

- [http://aging.ca.gov/ProgramsProviders/AAA/Nutrition/Nutrition\\_Program\\_Resources/Docs/Forms/Nutritional\\_Checklist.pdf](http://aging.ca.gov/ProgramsProviders/AAA/Nutrition/Nutrition_Program_Resources/Docs/Forms/Nutritional_Checklist.pdf)
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**Inquiries**

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