



## Program of All-inclusive Care for the Elderly

PACE is an option for many seniors being asked to choose a managed health plan as part of California's Coordinated Care Initiative. It is a health plan exclusively for individuals over 55 who are living with chronic illness, or disabilities and need coordinated medical care to continue living as independently as possible in their home and community. The PACE health care teams provide a hands-on approach, coordinating medical, social, and home care services so the individuals no longer need to manage their medical care alone.

PACE uses a team of qualified, bilingual, caring doctors and staff to provide individuals with "All-inclusive" medical, social, nutritional, rehabilitation, homecare, and meal services. These healthcare and social service professionals are experts in working with older adults. They work together with PACE participants and their family members to develop the most effective plan of care. PACE provides all the care and services covered by Medicare and Medi-Cal, as well as medically-necessary care and services not covered by Medicare and Medi-Cal.\*

## Who can join PACE?

- Individuals 55 years of age or older
- Those living in a PACE-covered zip code/service area
- Those certified by the State of California as needing a level of care equal to nursing home services; and
- Those who are able to live safely in the community with the help of PACE services

## How do I learn more about PACE in San Diego County?

Each PACE program has State certified marketing representatives who can answer any questions you may have, arrange a tour of a PACE site and/or provide in-service training at a PACE program or at your location. Here is information on how to reach them:



St. Paul's PACE  
(619) 271-7100  
[www.stpaulspace.org](http://www.stpaulspace.org)

**San Diego County**

\*Services are provided on an as needed basis as approved by the PACE interdisciplinary team.