

**California Department of Aging**  
**Adult Day Health Care Program Narrative**  
**Medi-Cal State Plan Service**

**Program / Element / Component -- 40.50**

**Description**

The Adult Day Health Care (ADHC) Program is a community-based day health program which provides services to frail older persons and adults with chronic medical, cognitive, or mental health conditions and/or disabilities. The purpose is to delay or prevent institutionalization and maintain individuals in their homes and communities for as long as possible. The majority of ADHC participants are Medi-Cal beneficiaries.

The ADHC Program is administered under an interagency agreement between the Department of Health Care Services (DHCS), the California Department of Public Health (CDPH), and the California Department of Aging (CDA). ADHC centers are licensed by CDPH and certified for participation in the Medi-Cal Program by CDA.

CDA is responsible for initial certification of new centers, certification renewal of licensed centers, providing ongoing training and technical assistance as needed to the centers, and recommending adverse actions against a center's certification for those centers that are substantially out-of-compliance with program requirements.

**Benefits**

The ADHC Program is an alternative to institutionalization for those individuals who are capable of living at home with the aid of appropriate health care and rehabilitative and social services. The Program stresses partnership with the participant, the family and/or caregiver, the primary care physician, and the community in working toward maintaining personal independence.

Each ADHC center has a multidisciplinary team of health professionals who conduct a comprehensive assessment of each potential participant to determine and plan the ADHC services needed to meet the individual's specific health and social needs. Services provided at the center include the following: medical services; nursing services; physical, occupational and speech therapies; psychiatric and psychological services; planned recreational activities; social services; hot meals and nutritional counseling; and transportation to and from the center, if needed.

**Eligibility**

<i>Income</i>	Currently eligible for Medi-Cal under a qualifying primary Medi-Cal aid code. (See Other)
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<i>Age</i>	Participants must be at least 18 years of age and meet specific medical necessity and eligibility criteria for admission.
<i>Other</i>	ADHC services are an optional benefit under the Medi-Cal Program for individuals eligible for Medi-Cal.  Individuals also may pay “out-of-pocket” for ADHC services. Third party payers such as long-term care insurance companies or the Veterans Administration also may pay for ADHC services.

### **Access**

Information on the ADHC Program and how to receive services is available through the statewide toll-free Senior Information Line at **1-800-510-2020**. Information about the ADHC Program and locations of ADHC centers is also available through the CDA website at [www.aging.ca.gov](http://www.aging.ca.gov) by selecting the ADHC tab.

### **Current Year Funding Information**

<i>Source</i>	State General Fund (GF), federal Medicaid program (Social Security Act Title XIX)
<i>Allocation Formula</i>	N/A
<i>Match Requirements</i>	50 percent from the GF and 50 percent from Medicaid  The ADHC Program is eligible for the increase in federal matching funds for state Medicaid local assistance expenditures authorized by Title V of the American Recovery and Reinvestment Act (ARRA) of 2009. The ARRA temporarily increased the federal match from 50 percent to 61.59 percent through December 31, 2010.
<i>Other Funding Information</i>	N/A
<i>Funding Cycle</i>	July 1 – June 30