



## Notice About Community Based Adult Services (CBAS)

Community Based Adult Services (CBAS) is the program that replaced the Adult Day Health Care (ADHC) Program on 4/1/2012.

In March 2012 you received a notice saying that you had to choose a Medi-Cal managed care health plan by 6/30/2012 to continue to get CBAS on and after 7/1/2012. This notice said you would not get CBAS if you were not in a Medi-Cal managed care health plan.

There has been a delay. **CBAS will now be added as a Medi-Cal managed care health plan benefit in your county starting 10/1/2012.** *You will get a notice in August with more information.*

### What does this mean for you?

- 1. If you already chose a health plan, you do not have to do anything.** You will still get CBAS through Regular Medi-Cal until 10/1/2012. On and after 10/1/2012, you will get CBAS through your health plan. You can change your health plan at any time or go back into regular Medi-Cal. Keep in mind that you must choose a health plan by 9/18/2012 to receive CBAS on and after 10/1/2012.
- 2. If you have *not* chosen a health plan,** you can choose a health plan now and still get CBAS through Regular Medi-Cal until 10/1/2012. On and after 10/1/2012, your health plan will provide CBAS.
  - If you do ***not*** choose a plan by **9/18/2012**, you will automatically be enrolled in a health plan that will provide CBAS on and after 10/1/2012.
- 3. If you choose to stay in Regular Medi-Cal past 10/1/2012, you will not get CBAS beginning 10/1/2012.**

To make a choice you can call Health Care Options at the number below.



## What if I have Medicare?

Your Medicare **will not** change. This includes your:

- Medicare coverage
- Medicare doctors and specialists you see outside a CBAS center
- Social Security benefits

**Please tell your Medicare doctors that being in a Medi-Cal managed care health plan will *not change* your Medicare services.** You can join a health plan and get CBAS and still get all your regular Medicare services.

## Where can I learn more about this?

- You can learn more on the DHCS website at: <http://DHCS.ca.gov/ADHCtransition>.
- You can call Health Care Options between the hours of 8:00 am – 5:00 pm, Monday – Friday for more information.
- If you are in a health plan, you can call your health plan member services number for more information.

<b>English</b>		1-800-430-4263	<b>Korean</b>	한국어	1-800-576-6883
<b>Arabic</b>	اللغة العربية	1-800-576-6881	<b>Mandarin</b>	國語	1-800-576-6885
<b>Armenian</b>	Հայերեն	1-800-840-5032	<b>Russian</b>	Русский	1-800-430-7007
<b>Cambodian</b>	ភាសាខ្មែរ	1-800-430-5005	<b>Spanish</b>	<b>Español</b>	1-800-430-3003
<b>Cantonese</b>	粵語	1-800-430-6006	<b>Tagalog</b>	<b>Tagalog</b>	1-800-576-6890
<b>Farsi</b>	فارسی	1-800-840-5034	<b>Vietnamese</b>	Tiếng Việt	1-800-430-8008
<b>Hmong</b>	<b>Hmoob</b>	1-800-430-2022	<b>Other Languages</b>		1-800-430-4263

TDD/TTY 1-800-430-7077

Please do not call your Eligibility Worker as they cannot help you.